

Reg. No.:

**First B.Sc. Nursing (Ayurveda) Degree Supplementary Examinations
September 2022**

Sociology and General Psychology

Time: 3

Max Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Write SECTION A, SECTION B and SECTION C in separate Answer books. Do not mix up questions from Section A, Section B and Section C.*

QP Code: 105009

Section A- Ayurvedic Part

Max Marks: 50

Essay

(4x10=40)

1. Write the importance of dincharya in personal health
2. Explain dhoomapana and benefits.
3. What are the adverse effects water pollution. Write the two purification methods
4. Write the clinical importance Satwa in mental health

Short Notes

(4x2½=10)

5. Pratimarsha nasya
6. Udvartana
7. Vyayama
8. Anjana

QP Code: 106009

Section B – Sociology

Max Marks: 25

Essay

(10)

1. Define sociology. Explain scope and relevance of sociology in nursing profession.

Short Notes

(5x3=15)

2. Differentiate between primary and secondary group
3. Enumerate any two social problems
4. Describe cultural lag
5. What is extended family
6. Importance of Culture in society.

QP Code: 107009

Section C – Psychology

Max Marks: 25

Essay

(7)

1. Define mental health. Explain warning signs of poor mental health.

Short Notes

(6x3=18)

2. Introspection method as a method of psychology
3. Enumerate any two types of memory
4. Enlist factors influencing learning
5. Explain characteristics of mentally healthy person
6. Enumerate any 3 defense mechanisms
7. Define motivation and enlist types of motives
